



# PERFECT

## Group Study Guide

October 3, 2021  
A Restful Heart

### Pray

- Pray that our hearts will be open to God's will.
- May we encourage and challenge one another as we grow in our faith.
- Pray we will find true rest in Christ alone.

### Read Hebrews 3:7-19

- How did Israel put God to the test?
- What is a hard heart?
- Where is our confidence found?

### Discuss

- Have you experienced a season where your heart was hard toward God?
- Describe a time when your desires were more important to you than God's will.
- What does it look like to rest in God?

### Next Steps

- Is your heart right with God?
- In what ways have you been deceived by sin?
- Spend some time in prayer evaluating where your heart is at currently.
- Do you feel like you have a hard heart?
- What would it look like to have a heart that has full confidence and rest in Him?