

July 4, 2021

WORK, WORSHIP AND REST

Pray

- Pray that we will live with full dependency on the Father.
- May all the work we do be driven by the Holy Spirit.
- May we rest and center ourselves in the finished work of the cross.

Read Exodus 30-31

- What are the elements described in chapter 30, and why are they important?
- How did God prepare Bezalel for the project? (Ex. 31:1-5)
- Why did God establish the Sabbath? (Ex. 31:12-17)

Discuss

- How do we look at the Sabbath in light of what Jesus has done for us? (Col. 2:13-17)
- Describe how Sabbath was a principle derived from Creation. (Gen. 2:1-3; Ex. 20:8-11; Ex. 31:15)
- Why is it important for us to have times of rest?

Next Steps

- Is rest important to you?
- Do you currently have time set aside each week for rest?
- What needs to change in your life in order for you to be able to live a life of worship?
- What would it look like for you to truly rest in God?

