



Small Group Study Guide

August 7, 2022
Mary

Pray

- God, help us to be self aware of the distractions in our life.
- May our hearts not be anxious and troubled by the things of this world.
- May we daily sit at the feet of Jesus.

Read Luke 10:38-42

- What was Mary doing? (10:39)
- What was Martha distracted by? (10:40)
- What was Jesus's response? (10:41- 42)

Discuss

- What does it look like for you to sit at the feet of Jesus?
- What kinds of things distract you from what is really important?
- What is one thing that you need to do to eliminate distractions in your life?

Next Steps

- List 1-3 distractions that are currently in your life.
- Are you currently making time to be in the Word daily?
- What does your prayer life look like?
- What is one thing you could do to develop better habits and spiritual disciplines?