

# ONEFLESH

## GROUP STUDY GUIDE

October 15, 2023

### Pray

- Father, thank you for giving us relationships that push us closer to You.
- Help us to cast aside anything that is distracting us from pure and undivided devotion to You.
- Help us experience a deeper intimacy with You that will overflow into our relationships with others.

### Read Genesis 2:18-25

- Why did God create the woman? (18-20)
- How did Adam react to the creation of Eve? (21-23)
- What precedent did this set? (24-25)

### Discuss

- Describe how your marriage exists to glorify God.
- What does it mean to be one flesh?
- Describe how physical, relational, and spiritual intimacy are all vital for marriage.

### Next Steps

- How does physical intimacy in your marriage express your pure devotion and visible love for your spouse?
- How does the relational intimacy in your marriage reflect unity?
  - How have you seen criticism, defensiveness, stonewalling, or contempt impact your marriage?
  - What would bring your relationship a greater sense of intimacy as you share life together?
- How could you improve your spiritual intimacy with your spouse?